

GARGOYLE GAZETTE

February 2024



February Thoughts

This month we have received a good liturgical reflection booklet to give to you to use during the month of February. It is called “Give Us This Day,” from Liturgical Press. We invite each family to take one to read and reflect on throughout the month.

We have a limited amount available on a first come first serve basis. If you decide you like this reflection booklet and it enhances your spirituality, you can subscribe to receive one monthly.

February 14 is Ash Wednesday. Already? Yes, already. I know it seems like we just celebrated Christmas and the New Year. We did, but you know the old saying that, “time flies.”

Ash Wednesday begins the Season of Lent. Lent is a liturgical season in the Church’s calendar. It is a time for us to become aware of our lives and how we are living out our baptismal commitment to Christ and His Church. I suppose we can call it a time of spiritual inventory. In Lent we endeavor to renew our spiritual lives in whatever way that is needed.

St. Benedict, in his rule, writes on the Season of Lent. He encourages his monks (and sisters) to find a spiritual book and to read it during Lent. This is a practice for us at St. Walburg’s Monastery during Lent. It is a way to deepen our relationship with God by adding spiritual insight to our lives. The topic can be our choice and is our commitment to reading.

Let us also remember to pray for the RCIA in the parishes of the Diocese. Also, to remember in prayer our Catechumens and Candidates here at the Cathedral as they prepare to receive the Sacraments of Baptism, Confirmation, and Eucharist at the Easter Vigil.

Sr. Barbara Woeste, O.S.B

